**DENNIS J. LIPTON, MD**

General Internal Medicine

Vail Health Clinics

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(970) 477-3090

**PROFILE**

Board Certified Internal Medicine physician since 2003. Primary care with focus on preventive and lifestyle medicine, lipidology, longevity, genomics.

**WORK EXPERIENCE**

**Staff/Attending Physician, July 2013 to present**

*Vail Health Clinics, Vail, Colorado*

* Built outpatient primary care practice from ground up
* Well versed in altitude, lifestyle, integrative, functional medicine
* Focus on lipids, lifestyle, longevity, brain health

**Attending Physician, Jan 2010 to March 2013**

*Cary Medical Group, Cary, NC*

* Manage a broad variety of outpatient primary care medical problems.
* Proficient in use of electronic medical records (Allscripts).
* Special interest in dietary/lifestyle interventions

**Attending Physician, 2003 to 2010**

*Raleigh Urgent Care Center, Raleigh, NC*

* Provide urgent care for patients with injuries, lacerations, or other acute illnesses.
* Provide occupational care/worker’s compensation care for employees of the City of Raleigh, Wake County Public School System, and several other large corporations.
* Provide care for patients on weight loss medications and exercise programs.
* Supervise on-site physical therapy during recovery from acute injuries.

**Residency – Internal Medicine, 2000-2003**

***Moses Cone Hospital, Greensboro, NC***

* Large UNC-affiliated regional large community hospital
* Focus on primary care and community medicine
* Proficient in management of large HIV+ indigent population

**Licensed Physician, primary/urgent care, 1998-2000, multiple locations locum tenens**

**Internship – Transitional year, 1997-1998**, ***St. Joseph Hospital, Houston, TX***

**EDUCATION**

**MD**, **1993-1997**

***University of Texas Health Science Center, Houston, TX***

* 90th + percentile on multiple specialty clerkship exams
* Became fluent in medical Spanish
* Participated in “Problem-Based Learning”

**BS, Meteorology,** 1991

***Texas A&M University, College Station, TX***

* Graduated first in class, College of Geosciences,
* Summa Cum Laude
* Outstanding Senior and Gathright Scholar Award (highest GPA)

**LICENSURE/CERTIFICATION**

Fully licensed in North Carolina since 1998 (#98-01357), CO since 2013 (#52534)

American Board of Internal Medicine (ABIM) since 2003 (9th decile, Diplomate #221043)

Enrolled in MOC (maintenance of certification) program with ABIM

**ADDITIONAL TRAINING**

Pursuing Functional Medicine Certification (Completed Immune, Cardiometabolic, Energy, Hormone, Reversing Cognitive Decline modules)

Clinical Lipidology Certification pending (currently pursuing)

Cogence Functional Immunology Course (currently enrolled)

**INTERESTS/ACTIVITIES**

Skiing, snowboarding, hiking, cycling, gym, weight training, other fitness activities

Cooking, Plant based diet, whole food, low carb cycling, fasting, fasting-mimicking diet

Time with family, reading, meditation